



Leicester Tigers Junior Academy

County U16 Festival Loughborough University

Sunday 8th January

Leicestershire v NLD	11.00am	<p>Games will be split into four quarters of 20 mins</p> <p>After the first 20 minutes a coaching break will be allowed, but no substitutions</p> <p>Following the completion of the 2nd 20 mins there will be no restriction on substitutions</p> <p>No individual player can play more than 70 mins on the day</p> <p>There is no limit on squad sizes</p>
Staffordshire v Norfolk	12.45pm	



**Staffordshire
Rugby Union**



NLD RFU
NOTTINGHAMSHIRE, LINCOLNSHIRE & DERBYSHIRE
RUGBY FOOTBALL UNION



**EASTERN COUNTIES
RUGBY UNION**